



North East Trust for Aphasia

Calendar 13th September to 31st December 2018

Closed for Christmas 20th December to 10th January

Main programme restarts on 24th January





(0191) 208 8550




rose.hilton@ncl.ac.uk





website www.neta.org.uk



Remember to **sign up for your groups**

If possible, please **tell us** if you **can't attend**

Group	Description	Dates and time on Thursdays
Communication Group 	Practise your communication skills in a friendly relaxed atmosphere	Afternoons 1.30pm to 3.30pm Fortnightly Sept 20th, Oct 4th, 18th, Nov 1st 15th, 29th
NETA Café 	Drop in for a chat, newspapers, games Check what's on at NETA Bring your iPads and tablets Share internet tips with friends	Afternoons 12.30pm to 3.30pm Fortnightly Sept 27th, Oct 11th Oct 25th Nov 8th 22nd Dec 6th

<p>Small Communication Group</p> 	<p>Practise your communication skills in a friendly relaxed atmosphere.</p> <p>For those who prefer a smaller group</p> <p>Please Note change of time to mornings</p>	<p>Mornings 10.30 to 12.30</p> <p>Fortnightly</p> <p>Sept 20th, Oct 4th, 18th, Nov 1st 15th, 29th</p>
<p>Course for Family and Friends</p> 	<p>A course for friends and relatives of people with aphasia.</p> <p>Learn more about how words work in the brain.</p> <p>Practise using techniques that may help you have a more enjoyable conversation.</p> <p>Gain a greater understanding of what helps and ways of coping.</p>	<p>Afternoons 1.30 to 3.30</p> <p>Café session for people with aphasia to attend at same time with support.</p> <p>Fortnightly</p> <p>Sept 27th, Oct 11th Oct 25th Nov 8th 22nd Dec 6th</p>
<p>Floral Craft</p> 	<p>Practical sessions</p> <p>Create lovely and unusual arrangements with Heather Curry</p>	<p>Mornings 10.30 am to 12.30 pm</p> <p>Weekly</p> <p>Oct 11th 18th 25th</p>

<p>Christmas Celebration</p> 	<p>Join NETA members, supporters and trustees for a Christmas café and raffle draw.</p>	<p>Afternoon 12.30 to 3.00</p> <p>Dec 13th</p>
<p>Newsletter working Group</p> 	<p>For the Trustees' Newsletter, news from the Aphasia Support Centre</p> <p>No experience needed</p> <p>We can support you to get involved</p>	<p>Mornings 10.30 to 12.00</p> <p>Weekly</p> <p>Nov 1st 8th 15th</p>
<p>Younger people with Aphasia</p> 	<p>For people experiencing aphasia at a younger age</p> <p>Work together to find some modern solutions to meet your needs</p>	<p>Morning 10.30 to 12.30</p> <p>September 13th</p>
<p>Café Out</p> 	<p>Meet your NETA friends at</p> <p>McKennas Bar, Northern Stage, Newcastle University</p> <p>NETA members will meet you there</p>	<p>Afternoon 1.30 to 3.30</p> <p>At McKennas Bar</p> <p>Jan 3rd 17th</p>

<p>Magenta Singers</p> 	<p>Run by Sage Gateshead</p> <p>Singers with aphasia</p> <p>Sage tutors and volunteers who understand aphasia</p>	<p>Monday afternoons in school term time</p> <p>Please see the Sage website and brochures for details</p>
<p>Admin volunteers</p> 	<p>Help with some admin for NETA</p> <p>Can you give us an hour?</p>	<p>Timed to fit round your timetable</p>

Remember to **sign up for your groups** in the café.

We ask everyone to **pay for the whole term** at the start of each activity please